# 3.C. Cues and Symbols

## Systems for Receptive Communication

## TACTILE CUES

### 1. Touch Cues

Specific signals that are executed on the child's body.

### 2. Object Cues

Everyday objects that are presented to the student as cues and that may be touched on the body.

## What is a Touch Cue?

A TOUCH CUE consists of tactile contact, made in a consistent manner directly on the learner's body, to communicate with her.

## What is the Purpose of Touch Cues?

- Specifically for <u>receptive</u> communication
- Used immediately preceding an action or activity
- To alert child that something will follow the cue
- Made directly onto child's body
- Made same way each time by every person who uses them with child

## How Do Touch Cues Help?

- Reduce startling
- Develop anticipatory responses
- Can communicate a directive
- Help children make sense of their day
- Provide clearer information about expectations

## What Does the Ability to Anticipate Tell Us?

- Child understands your message
- How much wait time to allow
- Cognitive processing is taking place
  - Child remembers previous event
  - Remembered and recognized your signal
  - Made an association between two actions
- He or she is ready for more!
  - o May demonstrate readiness for event
  - May try to assist or engage more fully

#### **Examples of Touch Cues**

- Tapping the child's bottom (in supine): "I'm going to lift your hips" (for diaper)
- Gently pulling up on the child's upper arms: "Get ready to stand up."
- Touching the child's left elbow: "This is the way I say 'HI,' so you know who I am."
- Touching the child's ear: "Time to put your hearing aids on."

#### What is the Purpose of Object Cues?

- Provide concrete information or directive
- Allow student to prepare for transition to and participation in new activity
- Help form an accurate notion of what is to occur
- Develop an expectation of what's next
- Helps child develop sense of autonomy
- Can later be used for making choices

#### **Types of Object Cues**

- 1. Actual Object
- 2. Partial or Associated Object
- 3. Arbitrary Object Cues

### 1. Actual Objects

- Used initially to introduce object cues
- Object presented to child and time given to explore cue
- Keeping object during activity reinforces association to activity
- Consistency & repetition continue to reinforce association
- Once association is clearly established child can move to use of partial/associated object
- Can also be used to introduce other objects in same category (e.g. metal spoon, serving spoon)

### **Examples of Actual Objects**

Spoon or section of g-tube = EAT Diaper = TIME FOR CLEAN DIAPER Washcloth = BATHTIME Stroller = GO OUTSIDE Tactile ball = THERAPY Blanket = BEDTIME CD case = MUSIC

### 2. Partial or Associated Object Cue

#### More Examples of Partial/Associated Object Cues

Piece of seat belt = GO IN CAR Tile square = BATHTIME Piece of diaper = TIME FOR CLEAN DIAPER Plastic clasp from stroller = GO OUTSIDE Bumpy fabric = THERAPY Piece of blanket = BEDTIME Knob from CD player = MUSIC

### 3. Arbitrary Object Cue

#### How do we select object cues?

- Most significant from child's perspective
- Not aversive or distracting
- Labeled for others to understand
- Age-appropriate
- Durable and easily duplicated
- Tactually different

#### What should we consider when selecting photograph and picture symbols?

- Size, color, and shape
- Visual clutter
- Glare
- Background color (contrast)
- Way to highlight symbol

#### How can we facilitate consistency?

- Post a list of steps in the cueing routine
- Model cues for all potential communication partners
- Identify and share specific nature of response expected from the child
- Observe delivery of cues and child responses
- Monitor and collect data on deliver & responses
- Communicate among team members if changes are needed

#### **Resources for Touch Cues**

See Project SALUTE: Successful Adaptations for Learning to Use Touch Effectively

## **Symbol Hierarchy**

- Identical Object
  - Partial or associated object
    - Object with 1 or 2 shared features
      - Photos
        - Picture symbols
          - Print/Braille

### Words/Signs

## **Tangible Symbols**

- Can be touched or manipulated
- Have a clear relationship to the referent (people, places, objects, activities, concepts)
- Are permanent
- Indicated through a simple motor response
  - ~Rowland & Schweigert (2000). *Tangible Symbol Systems*. Oregon. Design to Learn Products.

(See Slide 42 (IN(2) for pictures with examples.)

## **Abstract Symbols**

**Abstract symbols** have no physical connection to the object they represent **Examples**: Speech, Sign Language, Print or Braille words